

# JIMMY FURLOW SENIOR CITIZEN CENTER

## August 2011 Newsletter

201 S. First Street

601-835-5076

"Recreation for All Seniors"

Ages 50+

### What's Going on at the Senior Center in August?

#### Computer Classes

- **Beginner Computer**- Ideal for adults without computer experience. Call Bonnie to schedule class time.
- **Advanced Computer** – taught by Co-Lin instructor Ms. Elise, on Thursdays. Now teaching Microsoft Word and Internet classes. Call to reserve your spot. Classes fill first come, first served.

#### Card/Game Groups

- Bridge Group
- Cardsharks
- Happy Fours
- Paradise Sams
- Players
- ILR (Fun Day)

#### Dance Groups

- Round Dancers
- Dixie Dancers (Square Dancing)

#### Meetings

- **AARP**-3rd Thursday at 2:00.
- **American Legion**-3rd Tuesday at 6:00.
- **BCCWA**-Bogue Chitto Community Womens Auxiliary-Tuesdays & Thursdays 6:00.
- **TRIAD**-2nd Tuesday at 10:00
- **Homemakers**-2nd Monday at 3:00.
- **Retired Teachers**-2nd Wednesday of every other month at 11:00.

#### Fitness Classes

- **Chair Yoga**-basic principles, beginners welcome
- **Senior Stretch**-helps develop strength and enhance the ability to function in daily life.
- **Line Dancing**-taught by Sharon Langley 3 Mondays per month

#### Games/Crafts

- **Bingo**-Thursdays at 1:00
  - **Bunco**-Thursdays at 1:00
  - **Crochet**-Tuesdays at 10:00
  - **Sewing/Quilting**
- \*For Bingo & Bunco games, please bring a \$1 gift which will be a prizes.

#### Announcements

- **Canning Workshop**— you may know how to can already, but this is something you've never seen before! New recipes for canning, including "corn cob jelly," so don't miss this one!
- **Cushion Workshop**— this month we are making more chair cushions to make our chairs more comfortable for you! We need volunteer participation, whether you can sew or not, you can bring material scraps, thread, or just come to help.

Please keep us in mind for your senior group meetings, card groups, game players, etc. We also welcome suggestions for activities, informative meetings, and events.

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