

JIMMY FURLOW SENIOR CITIZEN CENTER

October 2011 Newsletter

201 S. First Street
"Recreation for All Seniors"

601-835-5076
Ages 50+

What's Going on at the Senior Center in October?

Computer Classes

- **Beginner Computer**- Ideal for adults without computer experience. Call Bonnie to schedule class time.
- **Advanced Computer** – taught by Co-Lin instructor Ms. Elise, on Thursdays. Now teaching Microsoft Word and Internet classes. Call to reserve your spot. Classes fill first come, first served.

Card/Game Groups

- Bridge Group
- Cardsharks
- Happy Fours
- Paradise Sams
- Players
- ILR (Fun Day)

Dance Groups

- Round Dancers
- Dixie Dancers (Square Dancing)

Meetings

- **AARP**-3rd Thursday at 2:00.
- **American Legion**-3rd Tuesday at 6:00.
- **BCCWA**-Bogue Chitto Community Womens Auxiliary-Tuesdays & Thursdays 6:00.
- **TRIAD**-2nd Tuesday at 10:00-Medicare Open Enrollment Seminar

MS SHIP-State Health Insurance Assistance Program - Medicare Counseling Presentation. Thurs, October 13 at 10:00.

Fitness Classes

- **Chair Yoga**-basic principles, beginners welcome
- **Senior Stretch**-helps develop strength and enhance the ability to function in daily life.
- **Line Dancing**-taught by Sharon Langley 3 Mondays per month

Games/Crafts

- **Bingo**-Thursdays at 1:00
 - **Bunco**-Thursdays at 1:00
 - **Crochet**-Tuesdays at 10:00
 - **Sewing/Quilting**
- *For Bingo & Bunco games, please bring a \$1 gift which will be a prizes.

Announcements

- **Gown Workshop**– We will be making gowns for hospice patients this month and need volunteers. Please bring 3 yards of material.

Trip to New Orleans Cooking School–

October 6, 2011-1 Day trip-we will learn to cook some Creole Specialties! Full lunch of Chicken & Andouille Sausage Gumbo, Jambalaya, Bread Pudding and Pralines included in trip price. It's not too late to sign up by Tuesday, Oct. 4.

Please keep us in mind for your senior group meetings, card groups, game players, etc. We also welcome suggestions for activities, informative meetings, and events.

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